

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Northern Athletics Road Relays - Men's 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Adam Grice	Leeds City A	20:32	30	R Shearer	Southport	23:03
2	M Pierson	Holmfirth	20:34	31	R Howarth	Wigan Phoe A	23:06
3	Carl Hardman	Salford Ha A	20:38	32	Gary Shaw	Clayton Le	23:21
4	Jonathon Gilby	Derby Ac	20:52	33	Gary Matthews	E Cheshire	23:27
5	Patrick Martin	Sunderland	20:56	34	Xavier Desse	Wirral A C	23:29
6	Richard Burney	Liverpool	21:08	35	Guy Heyes	Horwich Rm	23:43
7	David Norman	Altrincham A	21:20	36	Matty Pye	Kingston U	23:49
8	Andy Thake	Hallamshir	21:20	37	A Normandale	York Acorn	23:51
9	A Valentine	Bolton Uni A	21:38	38	Andrew Kay	Salford Ha B	23:52
10	Willy Smith	Keighley &	21:43	39	Alexander Rowe	Wesham Roa	23:53
11	Garry Bristow	Trafford A A	21:49	40	C Fitzpatrick	Trafford A B	23:58
12	D Nicholls	Wilmslow	21:57	41	Jason Bowers	Sale Harri B	23:59
13	A Carmichael	Gateshead	21:58	42	Simon Mounsey	Rotherham	24:02
14	S Worthington	Lancaster	21:59	43	John Knibb	Derby Ac B	24:06
15	Tom Cunningham	Blackpool A	22:00	44	Steve Rennie	City Of Hu	24:23
16	Nick Swift	Sheffield	22:01	45	Paul Carrier	St Helens	24:28
17	Matt Nuttall	Blackburn A	22:03	46	Adam Chritchly	Chorley Ha	24:35
18	James Bailey	Sale Harri A	22:17	47	Neil Walker	Altrincham B	24:48
19	Terry Wall	Morpeth H A	22:19	48	Steven Doxey	Swinton Ru	25:02
20	Aidan Johnson	Bingley Ha	22:23	49	Andy Staveley	Burnden Ro	25:06
21	Jamie Loxam	Stockport	22:28	50	Andy Eccles	Wigan Phoe B	25:11
22	Ben Radbourne	Heanor Rc	22:31	51	Gary Pearse	Blackburn B	25:37
23	Oliver Ziff	Leeds City B	22:35	52	Ray Robinson	GatesheadB	26:07
24	Peter Huck	Barrow & F	22:38	53	Gary Wilcock	(ManchrYMCA)	26:11
25	N Pendlebury	Leigh H &	22:39	54	R Fairhurst	Keighley B	26:18
26	D Williams	Beverley A	22:41	55	John Connolly	Penny Lane	26:20
27	Jon Ferguson	Rossendale	22:44	56	Jim Bradley	Buxton Ac	26:23
28	Greg Hull	Leeds City C	22:46	57	Bill Fox	Sale Harri C	27:04
29	Matthew Cox	Otley A. C	22:48	58	Dougie Miller	Trafford A C	27:20

Northern Athletics Road Relays - Men's 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Chris Birchall	Leeds City A	12:09	32:41	0	37	Marcus Smedley	Derby Ac B	13:47	37:53 + 6
2	M Johnson	Holmfirth	12:47	33:21	0	38	Dave Hudson	Salford Ha B	14:04	37:56 0
3	Chris Davison	Derby Ac	12:38	33:30 +	1	39	Mick Jeffrey	Otley A. C	15:57	38:45 - 10
4	Dave Locket	Salford Ha A	12:59	33:37 -	1	40	David Bowers	Trafford A B	14:49	38:47 0
5	Graham Powell	Liverpool	12:35	33:43 +	1	41	Chris Alder	York Acorn	15:06	38:57 - 4
6	Damien Weston	Sunderland	13:07	34:03 -	1	42	Paul Cain	Southport	16:05	39:08 - 12
7	Gavin Keight	Hallamshir	12:49	34:09 +	1	43	John Aitken	City Of Hu	14:56	39:19 + 1
8	Ian Fisher	Altrincham A	13:02	34:22 -	1	44	Alan Glasgow	Wesham Roa	15:45	39:38 - 5
9	Niall Brooks	Sale Harri A	12:08	34:25 +	9	45	Peter Johnson	St Helens	15:21	39:49 0
10	M Nicholson	Morpeth H A	12:10	34:29 +	9	46	B McCoubrey	Swinton Ru	14:55	39:57 + 2
11	David Horniman	Trafford A A	12:47	34:36 0		47	Martin Andrews	Wigan Phoe B	14:46	39:57 + 3
12	Nick Hooker	Leeds City B	12:16	34:51 +	11	48	G Harrison	Altrincham B	15:11	39:59 - 1
13	Shaun Harrison	Keighley &	13:13	34:56 -	3	49	Liam Barton	Blackburn B	15:25	41:02 + 2
14	Paul Bradshaw	Blackburn A	12:55	34:58 +	3	50	Simon Marland	Burnden Ro	15:59	41:05 - 1
15	David Shaw	Bolton Uni A	13:27	35:05 -	6	51	Andy Brett	Keighley B	15:13	41:31 + 3
16	Jonny Pearson	Gateshead	13:19	35:17 -	3	52	Ian Crabtree	Chorley Ha	17:04	41:39 - 6
17	Michael Cooke	Stockport	12:54	35:22 +	4	53	S Vaccarini	Buxton Ac	15:23	41:46 + 3
18	NyererePlastow	Leeds City C	12:42	35:28 +	10	54	Stephen Jones	Sale Harri C	14:47	41:51 + 3
19	Tommy Henders	Leigh H &	12:52	35:31 +	6	55	Steve Parr	GatesheadB	16:04	42:11 - 3
20	Tim Midgely	Bingley Ha	13:09	35:32 0		56	S McNicholas	Penny Lane	15:55	42:15 - 1
21	P Worthington	Lancaster	13:36	35:35 -	7	57	Nigel Oldham	(ManchrYMCA)	16:57	43:08 - 4
22	Dill Heaton	Wilmslow	13:53	35:50 -	10	58	Paul McMahan	Trafford A C	16:07	43:27 0
23	Kieran Davis	Heanor Rc	13:20	35:51 -	1					
24	Peter Savage	Barrow & F	13:56	36:34 0						
25	Rod Hart	Wigan Phoe A	13:29	36:35 +	6					
26	James McGivern	Beverley A	14:17	36:58 0						
27	Philip Knapton	Sheffield	14:58	36:59 -	11					
28	Roy Flanagan	Rossendale	14:16	37:00 -	1					
29	Graham Davies	Blackpool A	15:02	37:02 -	14					
30	Stuart Heaton	E Cheshire	13:36	37:03 +	3					
31	Ian Wetherall	Sale Harri B	13:08	37:07 +	10					
32	Stuart Fogg	Clayton Le	13:59	37:20 0						
33	Kevin Buxton	Wirral A C	13:52	37:21 +	1					
34	B Bolland	Horwich Rm	13:46	37:29 +	1					
35	Nigel Brookes	Rotherham	13:42	37:44 +	7					
36	Jack Robinson	Kingston U	14:02	37:51 0						

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Northern Athletics Road Relays - Men's 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	James Smith	Leeds City A	21:17	53:58	0	36	Paul Humphries	Rotherham	23:55	1:01:39	- 1
2	J Mellor	Liverpool	20:22	54:05	+ 3	37	S Carmichael	City Of Hu	22:46	1:02:05	+ 6
3	Andi Jones	Salford Ha A	20:36	54:13	+ 1	38	Ian Stevens	Derby Ac B	24:27	1:02:20	- 1
4	Richard Weir	Derby Ac	21:22	54:52	- 1	39	James Williams	Salford Ha B	24:29	1:02:25	- 1
5	Dave Watson	Holmfirth	22:03	55:24	- 3	40	Mark Metcalfe	York Acorn	23:30	1:02:27	+ 1
6	Simon Mills	Sale Harri A	21:07	55:32	+ 3	41	Anthony Bourne	Otley A. C	24:15	1:03:00	- 2
7	Jason Ward	Altrincham A	21:20	55:42	+ 1	42	David Barker	Trafford A B	24:45	1:03:32	- 2
8	B Rushworth	Sunderland	21:52	55:55	- 2	43	Barry Graney	St Helens	23:54	1:03:43	+ 2
9	Robert Baker	Hallamshir	21:52	56:01	- 2	44	Rob McGrath	Southport	24:37	1:03:45	- 2
10	Nathan Shrubbs	Morpeth H A	22:16	56:45	0	45	Dave Gilchrist	Altrincham B	25:00	1:04:59	+ 3
11	Tim Egerton	Trafford A A	22:27	57:03	0	46	Dominic Raby	Chorley Ha	23:23	1:05:02	+ 6
12	Andrew Nixon	Stockport	21:48	57:10	+ 5	47	G Cunliffe	Wesham Roa	26:40	1:06:18	- 3
13	Chris Loftus	Keighley &	22:51	57:47	0	48	Paul Seddon	Wigan Phoe B	26:43	1:06:40	- 1
14	Anthony Ford	Blackpool A	20:49	57:51	+ 15	49	John Knowles	Burnden Ro	25:53	1:06:58	+ 1
15	Mark Bryant	Leeds City B	23:01	57:52	- 3	50	Andrew Coates	Swinton Ru	27:30	1:07:27	- 4
16	Richard Harris	Bingley Ha	22:29	58:01	+ 4	51	Rob White	Buxton Ac	25:49	1:07:35	+ 2
17	Marc Elliott	Gateshead	22:51	58:08	- 1	52	F Cordingley	Sale Harri C	26:10	1:08:01	+ 2
18	David Thornton	Blackburn A	23:30	58:28	- 4	53	Steve Curtis	Keighley B	27:06	1:08:37	- 2
19	Leon Foster	Leeds City C	23:08	58:36	- 1	54	Richard Taylor	Blackburn B	27:36	1:08:38	- 5
20	Fraser Jardine	Bolton Uni A	23:50	58:55	- 5	55	Eddie Gilligan	(ManchrYMCA)	26:09	1:09:17	+ 2
21	Andy Ward	Wigan Phoe A	22:36	59:11	+ 4	56	Simone Capponi	Penny Lane	27:16	1:09:31	0
22	Gabriel Saiz	Heanor Rc	23:24	59:15	+ 1	57	Carl Tipton	Trafford A C	29:01	1:12:28	+ 1
23	Garry Dixon	Barrow & F	22:52	59:26	+ 1						
24	P Backhouse	E Cheshire	22:41	59:44	+ 6						
25	R Parrington	Lancaster	24:10	59:45	- 4						
26	A Urmston	Leigh H &	24:26	59:57	- 7						
27	Brendon Taylor	Rossendale	23:19	1:00:19	+ 1						
28	Stuart Parrott	Wilmslow	24:37	1:00:27	- 6						
29	Paul Thompson	Clayton Le	23:22	1:00:42	+ 3						
30	Rob Jackson	Horwich Rm	23:20	1:00:49	+ 4						
31	Ross Armstrong	Beverley A	23:56	1:00:54	- 5						
32	Colin Gell	Sale Harri B	23:52	1:00:59	- 1						
33	Stuart Little	Sheffield	24:10	1:01:09	- 6						
34	J Perkins	Kingston U	23:26	1:01:17	+ 2						
35	Mark Hulmston	Wirral A C	24:06	1:01:27	- 2						

Northern Athletics Road Relays - Men's 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Mike Burrett	Leeds City A	12:18	1:06:16	0	36	Ian Husband	Beverley A	15:23	1:16:17	- 5
2	L Luscombe	Liverpool	12:56	1:07:01	0	37	Graham Gagg	Kingston U	15:22	1:16:39	- 3
3	Paul Savage	Salford Ha A	12:50	1:07:03	0	38	Tommy Daniels	Salford Ha B	14:25	1:16:50	+ 1
4	G Massingham	Sunderland	11:39	1:07:34	+ 4	39	Mike Raynes	York Acorn	14:26	1:16:53	+ 1
5	Tom Offord	Derby Ac	13:13	1:08:05	- 1	40	Liam Dunne	Otley A. C	13:57	1:16:57	+ 1
6	Jake Harmon	Holmfirth	12:53	1:08:17	- 1	41	Jay Tartt	Southport	13:23	1:17:08	+ 3
7	Robert Nichol	Altrincham A	12:48	1:08:30	0	42	Joaquim Martin	City Of Hu	15:10	1:17:15	- 5
8	Rob Jowett	Sale Harri A	13:04	1:08:36	- 2	43	Steve Clague	St Helens	14:09	1:17:52	0
9	Dave Sprot	Hallamshir	12:59	1:09:00	0	44	Andrew Steele	Trafford A B	14:44	1:18:16	- 2
10	Ross Floyd	Morpeth H A	13:05	1:09:50	0	45	Dominic Scott	Altrincham B	14:18	1:19:17	0
11	John Howe	Trafford A A	13:13	1:10:16	0	46	Andrew Clough	Chorley Ha	16:26	1:21:28	0
12	Michael Salter	Leeds City B	12:28	1:10:20	+ 3	47	J Bertenshaw	Wesham Roa	15:11	1:21:29	0
13	Jon Cordingley	Bingley Ha	12:46	1:10:47	+ 3	48	Paul Christie	Burnden Ro	15:27	1:22:25	+ 1
14	Gary Bailey	Keighley &	13:17	1:11:04	- 1	49	V Robinson	Wigan Phoe B	15:56	1:22:36	- 1
15	Stuart Cameon	Stockport	14:03	1:11:13	- 3	50	Don Obrien	Buxton Ac	15:28	1:23:03	+ 1
16	Martin Slater	Gateshead	13:32	1:11:40	+ 1	51	Peter Shaw	Swinton Ru	16:06	1:23:33	- 1
17	Jim Unsworth	Blackpool A	13:56	1:11:47	- 3	52	Evan Cook	Blackburn B	15:06	1:23:44	+ 2
18	Matthew Wood	Blackburn A	13:32	1:12:00	0	53	N Whittingham	Keighley B	15:41	1:24:18	0
19	Eddie Simpson	Barrow & F	12:38	1:12:04	+ 4	54	Richard Wilson	Sale Harri C	16:23	1:24:24	- 2
20	Eddy Mason	Leeds City C	13:59	1:12:35	- 1	55	Shane Moore	Penny Lane	15:10	1:24:41	+ 1
21	Chris Wilson	Wigan Phoe A	13:44	1:12:55	0	56	Stephen Symons	(ManchrYMCA)	16:10	1:25:27	- 1
22	A Hobday	Heanor Rc	13:56	1:13:11	0	57	David Jury	Trafford A C	15:58	1:28:26	0
23	Allan Gordon	Lancaster	13:56	1:13:41	+ 2						
24	Sam Gough	Bolton Uni A	14:59	1:13:54	- 4						
25	James Wheeler	Wilmslow	13:56	1:14:23	+ 3						
26	Darren Smith	Leigh H &	14:29	1:14:26	0						
27	Sam Aspinwall	Sale Harri B	13:41	1:14:40	+ 5						
28	Karl Ward	Horwich Rm	14:02	1:14:51	+ 2						
29	Liam Browne	E Cheshire	15:21	1:15:05	- 5						
30	Matin Booth	Derby Ac B	12:50	1:15:10	+ 8						
31	G Ratcliffe	Wirral A C	13:49	1:15:16	+ 4						
32	M O'Donnell	Clayton Le	14:36	1:15:18	- 3						
33	David Tune	Rotherham	13:45	1:15:24	+ 3						
34	Martin Lee	Rossendale	15:22	1:15:41	- 7						
35	Jed Turner	Sheffield	14:42	1:15:51	- 2						

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Northern Athletics Road Relays - Men's 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	James Walsh	Leeds City A	21:45	1:28:01	0
2	John McCole	Liverpool	21:03	1:28:04	0
3	Mark Hood	Sunderland	21:09	1:28:43+	1
4	Gareth Raven	Sale Harri A	20:36	1:29:12+	4
5	Colin Hawkins	Derby Ac	21:25	1:29:30	0
6	Andy Norman	Altrincham A	21:10	1:29:40+	1
7	Simon Bruton	Salford Ha A	22:52	1:29:55-	4
8	David Turnbull	Holmfirth	22:21	1:30:38-	2
9	Chris Sampson	Morpeth H A	21:35	1:31:25+	1
10	Tom Minshull	Trafford A A	21:14	1:31:30+	1
11	David Archer	Hallamshir	22:47	1:31:47-	2
12	Martin Sanders	Leeds City B	22:31	1:32:51	0
13	Andy Peace	Bingley Ha	22:19	1:33:06	0
14	Ross Murray	Gateshead	22:04	1:33:44+	2
15	Luke Minns	Blackpool A	22:17	1:34:04+	2
16	Dean Matkin	Stockport	23:43	1:34:56-	1
17	Paul Guinan	Blackburn A	23:10	1:35:10+	1
18	Adam McLean	Keighley &	24:08	1:35:12-	4
19	Phillip Waite	Barrow & F	24:00	1:36:04	0
20	Darren Ridout	Heanor Rc	23:20	1:36:31+	2
21	Rob Downs	Wilmslow	22:41	1:37:04+	2
22	Arthur Cooke	Leeds City C	24:58	1:37:33-	4
23	J Worthington	Wigan Phoe A	25:00	1:37:55-	2
24	Andy Hilton	York Acorn	21:41	1:38:34+	15
25	Davies-Peerles	Wirral A C	23:36	1:38:52+	6
26	J Maxfield	Rotherham	23:41	1:39:05+	7
27	Andrew Neary	Horwich Rm	24:16	1:39:07+	1
28	Barry Brock	Clayton Le	24:21	1:39:39+	4
29	Stuart Dunn	Derby Ac B	24:37	1:39:47+	1
30	Lee Woods	Sale Harri B	25:17	1:39:57-	3
31	Tom McKee	Kingston U	23:27	1:40:06+	6
32	Zack Whitehead	Otley A. C	23:13	1:40:10+	8
33	Simon Grundy	E Cheshire	25:06	1:40:11-	4
34	Andy Preedy	Rossendale	24:57	1:40:38	0
35	David Broddle	Sheffield	25:07	1:40:58	0
36	Rory McMahon	Lancaster	27:28	1:41:09-	13
37	James Cooke	Leigh H &	27:01	1:41:27-	11
38	Nick Howarth	Bolton Uni A	27:38	1:41:32-	14
39	Ian Boardley	Beverley A	25:23	1:41:40-	3
40	Rob Ashworth	Southport	24:38	1:41:46+	1
41	Greg Williams	St Helens	24:02	1:41:54+	2
42	Colin Langley	City Of Hu	25:48	1:43:03	0
43	R Derbyshire	Salford Ha B	26:35	1:43:25-	5
44	Daniel Ansell	Trafford A B	25:32	1:43:48	0
45	Jeff Norman	Altrincham B	27:52	1:47:09	0
46	Alan Hudson	Wesham Roa	26:07	1:47:36+	1
47	C Lane	Chorley Ha	26:14	1:47:42-	1
48	Dave Collins	Wigan Phoe B	25:20	1:47:56+	1
49	Martyn Pollitt	Burden Ro	27:23	1:49:48-	1
50	Ben Simnett	Buxton Ac	27:45	1:50:48	0
51	Richard Waring	Swinton Ru	28:08	1:51:41	0
52	Tim Rainey	Sale Harri C	27:24	1:51:48+	2
53	Michael Nolan	Blackburn B	28:59	1:52:43-	1
54	C Marshall	Keighley B	28:42	1:53:00-	1
55	Syd Omar	Penny Lane	28:40	1:53:21	0
56	Ian Wilding	(ManchrYMCA)	28:06	1:53:33	0
57	Duncan Drasdo	Trafford A C	28:16	1:56:42	0

Northern Athletics Road Relays - Men's 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Simon Deakin	Leeds City A	11:56	1:39:57	0
2	R Challinor	Liverpool	12:42	1:40:46	0
3	Ian Lowthian	Sale Harri A	12:21	1:41:33+	1
4	George Harden	Sunderland	13:31	1:42:14-	1
5	Tom Lawrence	Derby Ac	12:56	1:42:26	0
6	John Brown	Salford Ha A	12:44	1:42:39+	1
7	Adrian Fuller	Altrincham A	13:59	1:43:39-	1
8	Graham Hogg	Trafford A A	12:21	1:43:51+	2
9	Jonny Young	Morpeth H A	12:46	1:44:11	0
10	James Dewhurst	Holmfirth	14:25	1:45:03-	2
11	Nasser Hussain	Hallamshir	13:20	1:45:07	0
12	Joe Townsend	Leeds City B	12:41	1:45:32	0
13	Sean Hall	Gateshead	12:37	1:46:21+	1
14	Steven Vernon	Stockport	11:35	1:46:31+	2
15	S Williams	Blackpool A	15:05	1:49:09	0
16	Mark Almond	Blackburn A	14:13	1:49:23+	1
17	Mark Knowles	Keighley &	14:18	1:49:30+	1
18	Jed Bartlett	Barrow & F	13:55	1:49:59+	1
19	James Lavin	Leeds City C	12:56	1:50:29+	3
20	Lee Perkins	Heanor Rc	14:02	1:50:33	0
21	Mike Ashurst	Wigan Phoe A	12:44	1:50:39+	2
22	S MacDonald	Bingley Ha	18:06	1:51:12-	9
23	Mark Bale	Wilmslow	14:14	1:51:18-	2
24	Gary Claxton	Rotherham	13:32	1:52:37+	2
25	Gareth Booth	Horwich Rm	13:42	1:52:49+	2
26	Mark Dowson	York Acorn	14:42	1:53:16-	2
27	Anthony Devoy	Wirral A C	14:44	1:53:36-	2
28	Ben Dyson	Derby Ac B	13:55	1:53:42+	1
29	David Barratt	E Cheshire	13:48	1:53:59+	4
30	K Mitchell	Clayton Le	14:29	1:54:08-	2
31	Lee Whitley	Sale Harri B	14:26	1:54:23-	1
32	Lloyd Best	Otley A. C	14:40	1:54:50	0
33	Angus Murray	Lancaster	13:58	1:55:07+	3
34	M Nettleton	Kingston U	15:06	1:55:12-	3
35	Richard Stott	Rossendale	14:49	1:55:27-	1
36	K Middleman	Southport	14:27	1:56:13+	4
37	Gary Podmore	Sheffield	15:29	1:56:27-	2
38	James Carson	Beverley A	15:07	1:56:47+	1
39	Ken Fowler	Bolton Uni A	15:35	1:57:07-	1
40	James Bleakley	Trafford A B	13:25	1:57:13+	4
41	Dennis Wharton	St Helens	15:20	1:57:14	0
42	Peter Clegg	Leigh H &	15:48	1:57:15-	5
43	William Martin	Salford Ha B	14:57	1:58:22	0
44	Danny Aldus	City Of Hu	15:28	1:58:31-	2
45	Nick Burke	Altrincham B	14:12	2:01:21	0
46	Martin Bates	Wesham Roa	16:04	2:03:40	0
47	A Nightingale	Wigan Phoe B	16:20	2:04:16+	1
48	Thomas Steven	Chorley Ha	17:09	2:04:51-	1
49	Elton Davies	Sale Harri C	14:29	2:06:17+	3
50	Liam Spencer	Keighley B	14:34	2:07:34+	4
51	S Moorhouse	Buxton Ac	17:08	2:07:56-	1
52	Mark Emmett	Blackburn B	15:23	2:08:06+	1
53	Neil Kelly	Penny Lane	14:51	2:08:12+	2
54	Barry Richards	Swinton Ru	17:05	2:08:46-	3
55	Dave Hitchen	Burden Ro	19:01	2:08:49-	6
56	Roger Carter	(ManchrYMCA)	16:54	2:10:27	0
57	M Hutchinson	Trafford A C	14:30	2:11:12	0

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Northern Athletics Road Relays - Men's 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Martin Hilton	Leeds City A	21:26	2:01:23	0
2	C Gundersen	Liverpool	21:34	2:02:20	0
3	Adam Elliott	Sale Harri A	22:44	2:04:17	0
4	Joseph Bailey	Salford Ha A	22:01	2:04:40+	2
5	Mark Brown	Morpeth H A	21:24	2:05:35+	4
6	Darren Talbot	Trafford A A	21:46	2:05:37+	2
7	Simon Marwood	Altrincham A	22:09	2:05:48	0
8	R Jefferies	Derby Ac	23:29	2:05:55-	3
9	Paul Redman	Sunderland	24:11	2:06:25-	5
10	Adam Dyson	Hallamshir	22:41	2:07:48+	1
11	Aidan Adams	Leeds City B	22:32	2:08:04+	1
12	Richard Smith	Holmfirth	23:51	2:08:54-	2
13	Chris Paton	Gateshead	23:34	2:09:55	0
14	Malcom Johnson	Stockport	23:44	2:10:15	0
15	J Brownlee	Bingley Ha	21:08	2:12:20+	7
16	John Wright	Blackpool A	23:30	2:12:39-	1
17	R Atkinson	Barrow & F	22:51	2:12:50+	1
18	L Hellawell	Keighley &	23:35	2:13:05-	1
19	Philip Hoole	Rotherham	21:39	2:14:16+	5
20	S Ashmore	Heanor Rc	23:45	2:14:18	0
21	P Darbyshire	Wigan Phoe A	23:41	2:14:20	0
22	Mike Halman	Wilmslow	23:22	2:14:40+	1
23	Chris Needham	Leeds City C	24:22	2:14:51-	4
24	John Chaplin	Blackburn A	25:40	2:15:03-	8
25	Dave Milliken	Horwich Rm	22:46	2:15:35	0
26	Tom Bean	York Acorn	22:51	2:16:07	0
27	Ian Fisher	Otley A. C	21:31	2:16:21+	5
28	Alan Woods	Wirral A C	23:16	2:16:52-	1
29	Rob Flannery	Sale Harri B	23:07	2:17:30+	2
30	Russell Parkin	Derby Ac B	24:40	2:18:22-	2
31	James Johnson	Kingston U	23:18	2:18:30+	3
32	Sean Bolland	Lancaster	23:36	2:18:43+	1
33	Paul Dalton	E Cheshire	24:53	2:18:52-	4
34	S Wilkinson	Southport	23:30	2:19:43+	2
35	Neil Worswick	Clayton Le	25:59	2:20:07-	5
36	Josh Rowe	Beverley A	23:23	2:20:10+	2
37	Steve Clawson	Rossendale	25:37	2:21:04-	2
38	Sean McMyler	Bolton Uni A	24:34	2:21:41+	1
39	Chris Maddocks	Sheffield	25:24	2:21:51-	2
40	John Howarth	Leigh H &	24:40	2:21:55+	2
41	Andrew Lister	Trafford A B	25:06	2:22:19-	1
42	Paul Birkett	Salford Ha B	24:47	2:23:09+	1
43	Peter Baker	City Of Hu	25:23	2:23:54+	1
44	Ray Vose	St Helens	27:19	2:24:33-	3
45	Dave Rudd	Altrincham B	25:27	2:26:48	0
46	Karl Lee	Wesham Roa	25:09	2:28:49	0
47	Paul Jackson	Chorley Ha	26:18	2:31:09+	1
48	Howard Waite	Wigan Phoe B	27:20	2:31:36-	1
49	David Nutton	Buxton Ac	25:13	2:33:09+	2
50	Anton Krige	Blackburn B	26:01	2:34:07+	2
51	P McDermott	Keighley B	27:22	2:34:56-	1
52	Andy Duffy	Burden Ro	26:45	2:35:34+	3
53	Martin Hirrell	Penny Lane	28:08	2:36:20	0
54	Rob Lewtas	(ManchrYMCA)	28:53	2:39:20+	2
55	Keith Worrall	Trafford A C	30:12	2:41:24+	2
56	P Rutherford	Swinton Ru	33:34	2:42:20-	2

Northern Athletics Road Relays - Men's 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	J Wilkinson	Leeds City A	12:00	2:13:23	0
2	Alan Ashton	Liverpool	13:02	2:15:22	0
3	Richard Watson	Sale Harri A	13:06	2:17:23	0
4	Jeremy Gilmour	Trafford A A	12:03	2:17:40+	2
5	Darren Moran	Salford Ha A	13:15	2:17:55-	1
6	Neil Wilkinson	Morpeth H A	12:31	2:18:06-	1
7	J Wildrienne	Derby Ac	13:05	2:19:00+	1
8	Andy Ford	Altrincham A	13:42	2:19:30-	1
9	Andrew Macrae	Sunderland	13:49	2:20:14	0
10	Geoff Belcher	Leeds City B	12:40	2:20:44+	1
11	Rick O'Toole	Hallamshir	13:04	2:20:52-	1
12	Andrew Teate	Gateshead	12:36	2:22:31+	1
13	Julian Rose	Holmfirth	14:23	2:23:17-	1
14	Michael Shaw	Stockport	13:33	2:23:48	0
15	Tom Crowley	Bingley Ha	12:31	2:24:51	0
16	Damien Scholes	Keighley &	13:30	2:26:35+	2
17	Dean Miller	Barrow & F	14:51	2:27:41	0
18	Mark Ward	Rotherham	13:36	2:27:52+	1
19	Gary Johnston	Blackpool A	15:20	2:27:59-	3
20	Pete Ivens	Heanor Rc	14:32	2:28:50	0
21	John McMyler	Wigan Phoe A	15:08	2:29:28	0
22	Peter Kidd	Leeds City C	14:37	2:29:28+	1
23	Martin Jones	Horwich Rm	13:56	2:29:31+	2
24	Scott Monk	Blackburn A	14:34	2:29:37	0
25	Tony Hulme	Wilmslow	15:28	2:30:08-	3
26	Rogan Ashton	Otley A. C	14:02	2:30:23+	1
27	Mark Harney	York Acorn	14:29	2:30:36-	1
28	K Dickinson	Wirral A C	14:11	2:31:03	0
29	Tom Partington	Sale Harri B	14:10	2:31:40	0
30	Paul Smith	Lancaster	14:03	2:32:46+	2
31	Daniel Holiday	Kingston U	14:48	2:33:18	0
32	A Hartshorne	E Cheshire	14:36	2:33:28+	1
33	Joe Kelly	Rossendale	12:54	2:33:58+	4
34	Gary Fallon	Derby Ac B	15:45	2:34:07-	4
35	Jason Harbour	Clayton Le	14:03	2:34:10	0
36	M Cunningham	Southport	16:07	2:35:50-	2
37	Jake Hammond	Beverley A	15:52	2:36:02-	1
38	John Indricks	Leigh H &	14:48	2:36:43+	2
39	Adam Crosland	Trafford A B	14:48	2:37:07+	2
40	Dave Shaw	Salford Ha B	14:10	2:37:19+	2
41	Malcolm Taylor	Sheffield	15:59	2:37:50-	2
42	Daryl Bentley	Bolton Uni A	16:10	2:37:51-	4
43	Stephen Voase	City Of Hu	15:37	2:39:31	0
44	Bill Mousdale	St Helens	15:43	2:40:16	0
45	Bill Egan	Altrincham B	15:18	2:42:06	0
46	Mark Midgley	Wesham Roa	15:56	2:44:45	0
47	M Christie	Chorley Ha	15:16	2:46:25	0
48	C Nightingale	Wigan Phoe B	15:36	2:47:12	0
49	Ian Francis	Buxton Ac	16:43	2:49:52	0
50	John Aldridge	Blackburn B	16:39	2:50:46	0
51	Derek Ashcroft	Penny Lane	15:06	2:51:26+	2
52	Paul Sessford	Keighley B	17:19	2:52:15-	1
53	Don Nichol	Burden Ro	17:22	2:52:56-	1
54	Daniel Barry	Trafford A C	14:44	2:56:08+	1
55	Michael Symons	(ManchrYMCA)	20:04	2:59:24-	1
56	John Pickup	Swinton Ru	19:40	3:02:00	0

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Northern Athletics Road Relays - Men's 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Alan Buckley	Leeds City A	20:53	2:34:16	0	35	Andrew Arnold	Leigh H &	23:13	2:59:56	+ 3
2	Luke Reddy	Liverpool	22:42	2:38:04	0	36	Roger Tomlin	Beverley A	24:35	3:00:37	+ 1
3	J Philipson	Sale Harri A	21:12	2:38:35	0	37	J Sprackland	Southport	25:54	3:01:44	- 1
4	A Holliday	Trafford A A	21:00	2:38:40	0	38	Chris Ireland	Sheffield	23:57	3:01:47	+ 3
5	Craig McBurney	Morpeth H A	22:12	2:40:18	+ 1	39	Mark Smith	Derby Ac B	27:57	3:02:04	- 5
6	Phil Leybourne	Salford Ha A	22:24	2:40:19	- 1	40	Kevin Brydon	Trafford A B	25:29	3:02:36	- 1
7	Alex Pilcher	Derby Ac	21:42	2:40:42	0	41	Mark Seed	Salford Ha B	25:44	3:03:03	- 1
8	Robert Little	Hallamshir	22:08	2:43:00	+ 3	42	Paul Turner	Bolton Uni A	26:33	3:04:24	0
9	Tom Bush	Altrincham A	23:34	2:43:04	- 1	43	Stuart Buchan	City Of Hu	25:39	3:05:10	0
10	M Thompson	Sunderland	23:29	2:43:43	- 1	44	Ian White	St Helens	24:57	3:05:13	0
11	G Chatterton	Leeds City B	23:12	2:43:56	- 1	45	A Defanis	Altrincham B	24:51	3:06:57	0
12	Chris Carriss	Bingley Ha	20:15	2:45:06	+ 3	46	Trevor Rayner	Wesham Roa	25:55	3:10:40	0
13	John Broom	Holmfirth	23:19	2:46:36	0	47	Phillip Iddon	Chorley Ha	25:20	3:11:45	0
14	John Gibson	Gateshead	24:55	2:47:26	- 2	48	Kevin Edwards	Wigan Phoe B	26:52	3:14:04	0
15	Steven McLean	Stockport	23:41	2:47:29	- 1	49	C Greenough	Blackburn B	27:39	3:18:25	+ 1
16	Richard Walker	Barrow & F	22:16	2:49:57	+ 1	50	Balmer Mal	Penny Lane	27:24	3:18:50	+ 1
17	Adrian Jones	Keighley &	23:38	2:50:13	- 1	51	Mark Quince	Buxton Ac	30:25	3:20:17	- 2
18	Jono Prowse	Blackpool A	22:24	2:50:23	+ 1	52	Steve Carter	Keighley B	28:03	3:20:18	0
19	M Ruddleston	Rotherham	23:29	2:51:21	- 1	53	Pete Kearsley	Burnden Ro	28:08	3:21:04	0
20	Gary Priestley	Horwich Rm	22:33	2:52:04	+ 3	54	Phil Pennall	(ManchrYMCA)	25:44	3:25:08	+ 1
21	Pete Webster	Leeds City C	22:53	2:52:21	+ 1	55	P Garside	Swinton Ru	27:07	3:29:07	+ 1
22	M Manir-Jolley	Wigan Phoe A	23:46	2:53:14	- 1						
23	T Weatherson	Heanor Rc	24:50	2:53:40	- 3						
24	Jim Pendrice	Wilmslow	23:39	2:53:47	+ 1						
25	J Donnelly	Wirral A C	22:51	2:53:54	+ 3						
26	Lee Passco	Blackburn A	24:19	2:53:56	- 2						
27	Piran White	York Acorn	23:48	2:54:24	0						
28	Edward Davies	Otley A. C	24:18	2:54:41	- 2						
29	K Rowlands	Lancaster	23:08	2:55:54	+ 1						
30	Kris Lecher	Kingston U	22:52	2:56:10	+ 1						
31	Paul Barrett	Sale Harri B	25:13	2:56:53	- 2						
32	Ashley Holt	Rossendale	23:39	2:57:37	+ 1						
33	Joe Dooley	E Cheshire	25:40	2:59:08	- 1						
34	Paul Target	Clayton Le	25:08	2:59:18	+ 1						

Northern Athletics Road Relays - Men's 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Adam Osborne	Leeds City A	12:21	2:46:37	0	35	D McCarrick	Leigh H &	16:07	3:16:03	0
2	Michael Hunt	Trafford A A	12:21	2:51:01	+ 2	36	Adam Kneeshaw	Beverley A	16:05	3:16:42	0
3	Simon McKeivitt	Liverpool	13:05	2:51:09	- 1	37	Chris Dunn	Southport	15:06	3:16:50	0
4	Dave Howlett	Sale Harri A	12:54	2:51:29	- 1	38	J Cocker	Sheffield	15:32	3:17:19	0
5	Phil Walker	Morpeth H A	13:00	2:53:18	0	39	Alex Young	Trafford A B	15:12	3:17:48	+ 1
6	Richard Wilson	Derby Ac	13:13	2:53:55	+ 1	40	Sean Cordell	Salford Ha B	15:04	3:18:07	+ 1
7	Phil West	Salford Ha A	13:57	2:54:16	- 1	41	Andrew Doyle	Bolton Uni A	16:04	3:20:28	+ 1
8	Joe Gratton	Hallamshir	12:35	2:55:35	0	42	Mark Davis	St Helens	15:28	3:20:41	+ 2
9	Ian Howarth	Altrincham A	13:14	2:56:18	0	43	Stuart Rhodes	City Of Hu	15:34	3:20:44	0
10	Ben Craddock	Leeds City B	12:45	2:56:41	+ 1	44	Banno-Thornton	Altrincham B	14:35	3:21:32	+ 1
11	Brian Bewick	Sunderland	13:21	2:57:04	- 1	45	Gary Moore	Wesham Roa	15:13	3:25:53	+ 1
12	Simon Johnson	Bingley Ha	13:24	2:58:30	0	46	Liam Boardman	Chorley Ha	15:37	3:27:22	+ 1
13	Andrew Pavey	Stockport	12:44	3:00:13	+ 2	47	Dave Wall	Wigan Phoe B	16:01	3:30:05	+ 1
14	Mark Dewhirst	Holmfirth	13:56	3:00:32	- 1	48	Doran Peter	Penny Lane	15:20	3:34:10	+ 2
15	Chris Burrows	Gateshead	14:11	3:01:37	- 1	49	Anthony Wood	Blackburn B	17:05	3:35:30	0
16	Dave Shaw	Keighley &	14:08	3:04:21	+ 1	50	Daniel Feely	Buxton Ac	16:07	3:36:24	+ 1
17	David Smith	Rotherham	13:24	3:04:45	+ 2	51	Ian Smith	Keighley B	17:14	3:37:32	+ 1
18	Ian Wilkinson	Barrow & F	14:49	3:04:46	- 2	52	Neil Critchley	Burnden Ro	17:43	3:38:47	+ 1
19	Matthew Hawe	Blackpool A	15:10	3:05:33	- 1	53	Ian Thomas	Swinton Ru	18:43	3:47:50	+ 2
20	Denis Mason	Horwich Rm	13:40	3:05:44	0	54	Bryn MacHin	DISQUALIFIED	24:22	3:49:30	0
21	Steve Nicholls	Wigan Phoe A	13:22	3:06:36	+ 1						
22	Andrew Whitley	Leeds City C	14:40	3:07:01	- 1						
23	Martin Hoey	Blackburn A	14:32	3:08:28	+ 3						
24	Mick Fairs	Wilmslow	14:48	3:08:35	0						
25	Steve Simpson	York Acorn	14:20	3:08:44	+ 2						
26	Michael Stone	Wirral A C	15:13	3:09:07	- 1						
27	Pete Edwards	Heanor Rc	15:29	3:09:09	- 4						
28	Mark Hammond	Lancaster	13:26	3:09:20	+ 1						
29	Howard Jeffrey	Otley A. C	15:57	3:10:38	- 1						
30	S Alexander	Kingston U	14:36	3:10:46	0						
31	Nick Peach	Sale Harri B	14:21	3:11:14	0						
32	Kevin Jowett	E Cheshire	13:29	3:12:37	+ 1						
33	Dave Edmonson	Clayton Le	14:16	3:13:34	+ 1						
34	D Schofield	Rossendale	16:19	3:13:56	- 2						

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Northern Athletics Road Relays - Men's 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Darran Bilton	Leeds City A	20:51	3:07:28	0	35	J Leskiewicz	Beverley A	24:08	3:40:50+	1
2	Ian Salisbury	Trafford A A	22:01	3:13:02	0	36	Scott Hughes	Leigh H &	25:07	3:41:10 -	1
3	Steffan North	Sale Harri A	21:56	3:13:25+	1	37	Peter Roome	Southport	25:04	3:41:54	0
4	James Meldrum	Liverpool	22:34	3:13:43 -	1	38	Mike Levery	Sheffield	25:24	3:42:43	0
5	D Swinburne	Morpeth H A	22:30	3:15:48	0	39	Dave Townsend	Salford Ha B	25:59	3:44:06+	1
6	Chris Peach	Derby Ac	22:37	3:16:32	0	40	Paul Mannion	Trafford A B	26:31	3:44:19 -	1
7	P Bangani	Salford Ha A	22:53	3:17:09	0	41	Adam Fozzard	City Of Hu	24:03	3:44:47+	2
8	Alex Smith	Hallamshir	22:15	3:17:50	0	42	Ian Selby	Bolton Uni A	24:21	3:44:49 -	1
9	Josh Whitehead	Leeds City B	22:31	3:19:12+	1	43	Ian Costello	St Helens	25:46	3:46:27 -	1
10	W Crowther	Altrincham A	23:03	3:19:21 -	1	44	D Carrington	Altrincham B	25:52	3:47:24	0
11	Paul Merrison	Sunderland	23:39	3:20:43	0	45	Barry Norman	Wesham Roa	24:23	3:50:16	0
12	John Convery	Bingley Ha	23:08	3:21:38	0	46	Kieth Johnston	Chorley Ha	23:26	3:50:48	0
13	A Langron	Holmfirth	23:26	3:23:58+	1	47	Ben McMullen	Wigan Phoe B	27:09	3:57:14	0
14	Adrian Nutter	Stockport	24:59	3:25:12 -	1	48	Riley Paul	Penny Lane	27:35	4:01:45	0
15	Luke Field	Rotherham	23:08	3:27:53+	2	49	N Critchlow	Buxton Ac	25:27	4:01:51+	1
16	S Robinson	Blackpool A	22:24	3:27:57+	3	50	Mick Blackburn	Blackburn B	26:47	4:02:17 -	1
17	Steven Medd	Gateshead	26:21	3:27:58 -	2	51	V Procter	Keighley B	25:13	4:02:45	0
18	Nigel Bedell	Keighley &	23:54	3:28:15 -	2	52	Chris Greenall	Burnden Ro	28:06	4:06:53	0
19	David Hook	Barrow & F	23:49	3:28:35 -	1	53	Stuart Tucker	Swinton Ru	34:15	4:22:05	0
20	Colin Rigby	Horwich Rm	22:58	3:28:42	0						
21	Dave Townsend	Wigan Phoe A	23:54	3:30:30	0						
22	Trevor Wilks	Leeds City C	24:59	3:32:00	0						
23	John Sutton	Blackburn A	24:18	3:32:46	0						
24	Peter Scarlett	Wirral A C	23:52	3:32:59+	2						
25	Paul Goble	York Acorn	24:31	3:33:15	0						
26	Trevor Morris	Wilmslow	24:45	3:33:20 -	2						
27	Jon Wainwright	Heanor Rc	24:48	3:33:57	0						
28	Dan Lambert	Otley A. C	23:58	3:34:36+	1						
29	Mike Hatch	Sale Harri B	23:42	3:34:56+	2						
30	David Ricketts	Kingston U	25:09	3:35:55	0						
31	Eryl Husband	Lancaster	27:04	3:36:24 -	3						
32	Philip Bolton	Rossendale	23:05	3:37:01+	2						
33	Marcus Gregory	E Cheshire	24:36	3:37:13 -	1						
34	Puke Archer	Clayton Le	25:15	3:38:49 -	1						

Northern Athletics Road Relays - Men's 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	M Gostling	Leeds City A	11:54	3:19:22	0	36	Sean Spillane	Leigh H &	14:37	3:55:47	0
2	Glen Comish	Sale Harri A	11:51	3:25:16+	1	37	Neil Bant	Beverley A	16:05	3:56:55 -	2
3	Paul Rockliffe	Trafford A A	12:37	3:25:39 -	1	38	Mark Evans	Trafford A B	12:40	3:56:59+	2
4	Ian Lawton	Liverpool	12:58	3:26:41	0	39	R Nicholas	Sheffield	15:20	3:58:03 -	1
5	Dave Westbury	Derby Ac	12:06	3:28:38+	1	40	Bob Towell	Salford Ha B	15:36	3:59:42 -	1
6	Ben Harrison	Morpeth H A	13:00	3:28:48 -	1	41	Paul Brumby	City Of Hu	15:07	3:59:54	0
7	James Jackson	Salford Ha A	13:07	3:30:16	0	42	John Ward	Bolton Uni A	15:17	4:00:06	0
8	Armand Bush	Hallamshir	12:46	3:30:36	0	43	Jim Crehan	St Helens	14:47	4:01:14	0
9	Alistair Davy	Leeds City B	12:50	3:32:02	0	44	Dan Brooks	Altrincham B	14:50	4:02:14	0
10	D Livingstone	Altrincham A	13:43	3:33:04	0	45	Chris Whitlock	Wesham Roa	15:12	4:05:28	0
11	Martin Peace	Bingley Ha	13:13	3:34:51+	1	46	G Schofield	Chorley Ha	16:56	4:07:44	0
12	F Judson	Sunderland	15:53	3:36:36 -	1	47	P Derbyshire	Wigan Phoe B	16:10	4:13:24	0
13	M Dewhurst	Holmfirth	14:54	3:38:52	0	48	Andy Green	Keighley B	13:30	4:16:15+	3
14	Jon Walch	Stockport	13:41	3:38:53	0	49	Francis Martin	Penny Lane	14:58	4:16:43 -	1
15	Chris Lloyd	Blackpool A	14:14	3:42:11+	1	50	G Woodburn	Blackburn B	16:37	4:18:54	0
16	Howard Darwin	Rotherham	14:26	3:42:19 -	1	51	Matt Barlow	Buxton Ac	17:09	4:19:00 -	2
17	Richard Hall	Gateshead	14:28	3:42:26	0	52	David Coop	Burnden Ro	16:06	4:22:59	0
18	Steve Nolan	Horwich Rm	13:55	3:42:37+	2	53	Peter Gaskill	Swinton Ru	18:24	4:40:29	0
19	Simon Stanway	Barrow & F	14:03	3:42:38	0						
20	Lenny Buxton	Keighley &	14:48	3:43:03 -	2						
21	Paul Weall	Wigan Phoe A	13:42	3:44:12	0						
22	Martin Horbury	Leeds City C	14:37	3:46:37	0						
23	Martin Kirby	York Acorn	13:50	3:47:05+	2						
24	Dave Carter	Blackburn A	14:25	3:47:11 -	1						
25	C Rainsford	Heanor Rc	13:37	3:47:34+	2						
26	Gareth Trimble	Wilmslow	15:15	3:48:35	0						
27	David Norman	Wirral A C	16:01	3:49:00 -	3						
28	Chris Carver	Otley A. C	14:39	3:49:15	0						
29	Paul Rowley	Sale Harri B	14:59	3:49:55	0						
30	Mark Gardner	Lancaster	13:58	3:50:22+	1						
31	A Connally	E Cheshire	13:56	3:51:09+	2						
32	Owen Williams	Kingston U	16:54	3:52:49 -	2						
33	Tony Walker	Clayton Le	14:21	3:53:10+	1						
34	John Lavelle	Rossendale	16:54	3:53:55 -	2						
35	Gerry Lenehan	Southport	13:32	3:55:26+	2						

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

Men's 12 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

1 Leeds City AC			'A' 3:19:22			9 Leeds City AC			'B' 3:32:02		
1	Adam Grice	(1) 20:32	2	Chris Birchall	(1) 12:09	1	Oliver Ziff	(23) 22:35	2	Nick Hooker	(12) 12:16
3	James Smith	(1) 21:17	4	Mike Burrett	(1) 12:18	3	Mark Bryant	(15) 23:01	4	Michael Salter	(12) 12:28
5	James Walsh	(1) 21:45	6	Simon Deakin	(1) 11:56	5	Martin Sanders	(12) 22:31	6	Joe Townsend	(12) 12:41
7	Martin Hilton	(1) 21:26	8	J Wilkinson	(1) 12:00	7	Aidan Adams	(11) 22:32	8	Geoff Belcher	(10) 12:40
9	Alan Buckley	(1) 20:53	10	Adam Osborne	(1) 12:21	9	G Chatterton	(11) 23:12	10	Ben Craddock	(10) 12:45
11	Darran Bilton	(1) 20:51	12	M Gostling	(1) 11:54	11	Josh Whitehead	(9) 22:31	12	Alistair Davy	(9) 12:50
2 Sale Harriers Manchester			'A' 3:25:16			10 Altrincham			'A' 3:33:04		
1	James Bailey	(18) 22:17	2	Niall Brooks	(9) 12:08	1	David Norman	(7) 21:20	2	Ian Fisher	(8) 13:02
3	Simon Mills	(6) 21:07	4	Rob Jowett	(8) 13:04	3	Jason Ward	(7) 21:20	4	Robert Nichol	(7) 12:48
5	Gareth Raven	(4) 20:36	6	Ian Lowthian	(3) 12:21	5	Andy Norman	(6) 21:10	6	Adrian Fuller	(7) 13:59
7	Adam Elliott	(3) 22:44	8	Richard Watson	(3) 13:06	7	Simon Marwood	(7) 22:09	8	Andy Ford	(8) 13:42
9	J Philipson	(3) 21:12	10	Dave Howlett	(4) 12:54	9	Tom Bush	(9) 23:34	10	Ian Howarth	(9) 13:14
11	Steffan North	(3) 21:56	12	Glen Comish	(2) 11:51	11	W Crowther	(10) 23:03	12	D Livingstone	(10) 13:43
3 Trafford A.C.			'A' 3:25:39			11 Bingley Harriers			3:34:51		
1	Garry Bristow	(11) 21:49	2	David Horniman	(11) 12:47	1	Aidan Johnson	(20) 22:23	2	Tim Midgely	(20) 13:09
3	Tim Egerton	(11) 22:27	4	John Howe	(11) 13:13	3	Richard Harris	(16) 22:29	4	Jon Cordingley	(13) 12:46
5	Tom Minshull	(10) 21:14	6	Graham Hogg	(8) 12:21	5	Andy Peace	(13) 22:19	6	S MacDonald	(22) 18:06
7	Darren Talbot	(6) 21:46	8	Jeremy Gilmour	(4) 12:03	7	J Brownlee	(15) 21:08	8	Tom Crowley	(15) 12:31
9	A Holliday	(4) 21:00	10	Michael Hunt	(2) 12:21	9	Chris Carriss	(12) 20:15	10	Simon Johnson	(12) 13:24
11	Ian Salisbury	(2) 22:01	12	Paul Rockliffe	(3) 12:37	11	John Convery	(12) 23:08	12	Martin Peace	(11) 13:13
4 Liverpool H & AC			3:26:41			12 Sunderland H & AC			3:36:36		
1	Richard Burney	(6) 21:08	2	Graham Powell	(5) 12:35	1	Patrick Martin	(5) 20:56	2	Damien Weston	(6) 13:07
3	J Mellor	(2) 20:22	4	L Luscombe	(2) 12:56	3	B Rushworth	(8) 21:52	4	G Massingham	(4) 11:39
5	John McCole	(2) 21:03	6	R Challinor	(2) 12:42	5	Mark Hood	(3) 21:09	6	George Harden	(4) 13:31
7	C Gundersen	(2) 21:34	8	Alan Ashton	(2) 13:02	7	Paul Redman	(9) 24:11	8	Andrew Macrae	(9) 13:49
9	Luke Reddy	(2) 22:42	10	Simon McKeivitt	(3) 13:05	9	M Thompson	(10) 23:29	10	Brian Bewick	(11) 13:21
11	James Meldrum	(4) 22:34	12	Ian Lawton	(4) 12:58	11	Paul Merrison	(11) 23:39	12	F Judson	(12) 15:53
5 Derby AC			3:28:38			13 Holmfirth Harriers			3:38:52		
1	Jonathon Gilby	(4) 20:52	2	Chris Davison	(3) 12:38	1	M Pierson	(2) 20:34	2	M Johnson	(2) 12:47
3	Richard Weir	(4) 21:22	4	Tom Offord	(5) 13:13	3	Dave Watson	(5) 22:03	4	Jake Harmon	(6) 12:53
5	Colin Hawkins	(5) 21:25	6	Tom Lawrence	(5) 12:56	5	David Turnbull	(8) 22:21	6	James Dewhurst	(10) 14:25
7	R Jefferies	(8) 23:29	8	J Wildrienne	(7) 13:05	7	Richard Smith	(12) 23:51	8	Julian Rose	(13) 14:23
9	Alex Pilcher	(7) 21:42	10	Richard Wilson	(6) 13:13	9	John Broom	(13) 23:19	10	Mark Dewhurst	(14) 13:56
11	Chris Peach	(6) 22:37	12	Dave Westbury	(5) 12:06	11	A Langron	(13) 23:26	12	M Dewhurst	(13) 14:54
6 Morpeth H & AC			'A' 3:28:48			14 Stockport H & AC			3:38:53		
1	Terry Wall	(19) 22:19	2	M Nicholson	(10) 12:10	1	Jamie Loxam	(21) 22:28	2	Michael Cooke	(17) 12:54
3	Nathan Shrubbs	(10) 22:16	4	Ross Floyd	(10) 13:05	3	Andrew Nixon	(12) 21:48	4	Stuart Cameon	(15) 14:03
5	Chris Sampson	(9) 21:35	6	Jonny Young	(9) 12:46	5	Dean Matkin	(16) 23:43	6	Steven Vernon	(14) 11:35
7	Mark Brown	(5) 21:24	8	Neil Wilkinson	(6) 12:31	7	Malcom Johnson	(14) 23:44	8	Michael Shaw	(14) 13:33
9	Craig McBurney	(5) 22:12	10	Phil Walker	(5) 13:00	9	Steven McLean	(15) 23:41	10	Andrew Pavey	(13) 12:44
11	D Swinburne	(5) 22:30	12	Ben Harrison	(6) 13:00	11	Adrian Nutter	(14) 24:59	12	Jon Walch	(14) 13:41
7 Salford Harriers & AC			'A' 3:30:16			15 Blackpool Wyre And Fylde AC			'A' 3:42:11		
1	Carl Hardman	(3) 20:38	2	Dave Locket	(4) 12:59	1	Tom Cunningham	(15) 22:00	2	Graham Davies	(29) 15:02
3	Andi Jones	(3) 20:36	4	Paul Savage	(3) 12:50	3	Anthony Ford	(17) 13:56	4	John Wright	(16) 23:30
5	Simon Bruton	(7) 22:52	6	John Brown	(6) 12:44	5	Luke Minns	(15) 22:17	6	John Wright	(16) 23:30
7	Joseph Bailey	(4) 22:01	8	Darren Moran	(5) 13:15	7	John Wright	(16) 23:30	8	Jono Prowse	(18) 22:24
9	Phil Leybourne	(6) 22:24	10	Phil West	(7) 13:57	9	Jono Prowse	(18) 22:24	10	S Robinson	(16) 22:24
11	P Bangani	(7) 22:53	12	James Jackson	(7) 13:07	11	S Robinson	(16) 22:24	12	Chris Lloyd	(15) 14:14
8 Hallamshire Harriers			3:30:36			16 Rotherham Harriers & AC			3:42:19		
1	Andy Thake	(8) 21:20	2	Gavin Keight	(7) 12:49	1	Simon Mounsey	(42) 24:02	2	Nigel Brookes	(35) 13:42
3	Robert Baker	(9) 21:52	4	Dave Sprot	(9) 12:59	3	Paul Humphries	(36) 23:55	4	David Tune	(33) 13:45
5	David Archer	(11) 22:47	6	Nasser Hussain	(11) 13:20	5	J Maxfield	(26) 23:41	6	Gary Claxton	(24) 13:32
7	Adam Dyson	(10) 22:41	8	Rick O'Toole	(11) 13:04	7	Philip Hoole	(19) 21:39	8	Mark Ward	(18) 13:36
9	Robert Little	(8) 22:08	10	Joe Gratten	(8) 12:35	9	M Ruddlestone	(19) 23:29	10	David Smith	(17) 13:24
11	Alex Smith	(8) 22:15	12	Armand Bush	(8) 12:46	11	Luke Field	(15) 23:08	12	Howard Darwin	(16) 14:26

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<p>17 Gateshead H & AC 3:42:26</p> <p>1 A Carmichael (13) 21:58 3 Marc Elliott (17) 22:51 5 Ross Murray (14) 22:04 7 Chris Paton (13) 23:34 9 John Gibson (14) 24:55 11 Steven Medd (17) 26:21</p>	<p>2 Jonny Pearson (16) 13:19 4 Martin Slater (16) 13:32 6 Sean Hall (13) 12:37 8 Andrew Teate (12) 12:36 10 Chris Burrows (15) 14:11 12 Richard Hall (17) 14:28</p>	<p>26 Wilmslow 3:48:35</p> <p>1 D Nicholls (12) 21:57 3 Stuart Parrott (28) 24:37 5 Rob Downs (21) 22:41 7 Mike Halman (22) 23:22 9 Jim Pendrice (24) 23:39 11 Trevor Morris (26) 24:45</p> <p>2 Dill Heaton (22) 13:53 4 James Wheeler (25) 13:56 6 Mark Bale (23) 14:14 8 Tony Hulme (25) 15:28 10 Mick Fairs (24) 14:48 12 Gareth Trimble (26) 15:15</p>
<p>18 Horwich Rmi Harriers 3:42:37</p> <p>1 Guy Heyes (35) 23:43 3 Rob Jackson (30) 23:20 5 Andrew Neary (27) 24:16 7 Dave Milliken (25) 22:46 9 Gary Priestley (20) 22:33 11 Colin Rigby (20) 22:58</p>	<p>2 B Bolland (34) 13:46 4 Karl Ward (28) 14:02 6 Gareth Booth (25) 13:42 8 Martin Jones (23) 13:56 10 Denis Mason (20) 13:40 12 Steve Nolan (18) 13:55</p>	<p>27 Wirral AC 3:49:00</p> <p>1 Xavier Desse (34) 23:29 3 Mark Hulmston (35) 24:06 5 Davies-Peerles (25) 23:36 7 Alan Woods (28) 23:16 9 J Donnelly (25) 22:51 11 Peter Scarrett (24) 23:52</p> <p>2 Kevin Buxton (33) 13:52 4 G Ratcliffe (31) 13:49 6 Anthony Devoy (27) 14:44 8 K Dickinson (28) 14:11 10 Michael Stone (26) 15:13 12 David Norman (27) 16:01</p>
<p>19 Barrow & Furness Striders AC 3:42:38</p> <p>1 Peter Huck (24) 22:38 3 Garry Dixon (23) 22:52 5 Phillip Waite (19) 24:00 7 R Atkinson (17) 22:51 9 Richard Walker (16) 22:16 11 David Hook (19) 23:49</p>	<p>2 Peter Savage (24) 13:56 4 Eddie Simpson (19) 12:38 6 Jed Bartlett (18) 13:55 8 Dean Miller (17) 14:51 10 Ian Wilkinson (18) 14:49 12 Simon Stanway (19) 14:03</p>	<p>28 Otley A. C. 3:49:15</p> <p>1 Matthew Cox (29) 22:48 3 Anthony Bourne (41) 24:15 5 Zack Whitehead (32) 23:13 7 Ian Fisher (27) 21:31 9 Edward Davies (28) 24:18 11 Dan Lambert (28) 23:58</p> <p>2 Mick Jeffrey (39) 15:57 4 Liam Dunne (40) 13:57 6 Lloyd Best (32) 14:40 8 Rogan Ashton (26) 14:02 10 Howard Jeffrey (29) 15:57 12 Chris Carver (28) 14:39</p>
<p>20 Keighley & Craven AC 3:43:03</p> <p>1 Willy Smith (10) 21:43 3 Chris Loftus (13) 22:51 5 Adam McLean (18) 24:08 7 L Hellawell (18) 23:35 9 Adrian Jones (17) 23:38 11 Nigel Bedell (18) 23:54</p>	<p>2 Shaun Harrison (13) 13:13 4 Gary Bailey (14) 13:17 6 Mark Knowles (17) 14:18 8 Damien Scholes (16) 13:30 10 Dave Shaw (16) 14:08 12 Lenny Buxton (20) 14:48</p>	<p>29 Sale Harriers Manchester 'B' 3:49:55</p> <p>1 Jason Bowers (41) 23:59 3 Colin Gell (32) 23:52 5 Lee Woods (30) 25:17 7 Rob Flannery (29) 23:07 9 Paul Barrett (31) 25:13 11 Mike Hatch (29) 23:42</p> <p>2 Ian Wetherall (31) 13:08 4 Sam Aspinwall (27) 13:41 6 Lee Whitley (31) 14:26 8 Tom Partington (29) 14:10 10 Nick Peach (31) 14:21 12 Paul Rowley (29) 14:59</p>
<p>21 Wigan Phoenix 'A' 3:44:12</p> <p>1 R Howarth (31) 23:06 3 Andy Ward (21) 22:36 5 J Worthington (23) 25:00 7 P Darbyshire (21) 23:41 9 M Manir-Jolley (22) 23:46 11 Dave Townsend (21) 23:54</p>	<p>2 Rod Hart (25) 13:29 4 Chris Wilson (21) 13:44 6 Mike Ashurst (21) 12:44 8 John McMyler (21) 15:08 10 Steve Nicholls (21) 13:22 12 Paul Weall (21) 13:42</p>	<p>30 Lancaster And Morecambe AC 3:50:22</p> <p>1 S Worthington (14) 21:59 3 R Parrington (25) 24:10 5 Rory McMahon (36) 27:28 7 Sean Bolland (32) 23:36 9 K Rowlands (29) 23:08 11 Eryl Husband (31) 27:04</p> <p>2 P Worthington (21) 13:36 4 Allan Gordon (23) 13:56 6 Angus Murray (33) 13:58 8 Paul Smith (30) 14:03 10 Mark Hammond (28) 13:26 12 Mark Gardner (30) 13:58</p>
<p>22 Leeds City AC 'C' 3:46:37</p> <p>1 Greg Hull (28) 22:46 3 Leon Foster (19) 23:08 5 Arthur Cooke (22) 24:58 7 Chris Needham (23) 24:22 9 Pete Webster (21) 22:53 11 Trevor Wilks (22) 24:59</p>	<p>2 Nyerere Plastow (18) 12:42 4 Eddy Mason (20) 13:59 6 James Lavin (19) 12:56 8 Peter Kidd (22) 14:37 10 Andrew Whitley (22) 14:40 12 Martin Horbury (22) 14:37</p>	<p>31 E Cheshire H & Tameside AC 3:51:09</p> <p>1 Gary Matthews (33) 23:27 3 P Backhouse (24) 22:41 5 Simon Grundy (33) 25:06 7 Paul Dalton (33) 24:53 9 Joe Dooley (33) 25:40 11 Marcus Gregory (33) 24:36</p> <p>2 Stuart Heaton (30) 13:36 4 Liam Browne (29) 15:21 6 David Barratt (29) 13:48 8 A Hartshorne (32) 14:36 10 Kevin Jowett (32) 13:29 12 A Connally (31) 13:56</p>
<p>23 York Acorn RC 3:47:05</p> <p>1 A Normandale (37) 23:51 3 Mark Metcalfe (40) 23:30 5 Andy Hilton (24) 21:41 7 Tom Bean (26) 22:51 9 Piran White (27) 23:48 11 Paul Goble (25) 24:31</p>	<p>2 Chris Alder (41) 15:06 4 Mike Raynes (39) 14:26 6 Mark Dowson (26) 14:42 8 Mark Harney (27) 14:29 10 Steve Simpson (25) 14:20 12 Martin Kirby (23) 13:50</p>	<p>32 Kingston Upon Hull AC 3:52:49</p> <p>1 Matty Pye (36) 23:49 3 J Perkins (34) 23:26 5 Tom McKee (31) 23:27 7 James Johnson (31) 23:18 9 Kris Lecher (30) 22:52 11 David Ricketts (30) 25:09</p> <p>2 Jack Robinson (36) 14:02 4 Graham Gagg (37) 15:22 6 M Nettleton (34) 15:06 8 Daniel Holiday (31) 14:48 10 S Alexander (30) 14:36 12 Owen Williams (32) 16:54</p>
<p>24 Blackburn Harriers 'A' 3:47:11</p> <p>1 Matt Nuttall (17) 22:03 3 David Thornton (18) 23:30 5 Paul Guinan (17) 23:10 7 John Chaplin (24) 25:40 9 Lee Passco (26) 24:19 11 John Sutton (23) 24:18</p>	<p>2 Paul Bradshaw (14) 12:55 4 Matthew Wood (18) 13:32 6 Mark Almond (16) 14:13 8 Scott Monk (24) 14:34 10 Martin Hoey (23) 14:32 12 Dave Carter (24) 14:25</p>	<p>33 Clayton Le Moors 3:53:10</p> <p>1 Gary Shaw (32) 23:21 3 Paul Thompson (29) 23:22 5 Barry Brock (28) 24:21 7 Neil Warwick (35) 25:59 9 Paul Target (34) 25:08 11 Paul Archer (34) 25:15</p> <p>2 Stuart Fogg (32) 13:59 4 M O'Donnell (32) 14:36 6 K Mitchell (30) 14:29 8 Jason Harbour (35) 14:03 10 Dave Edmonson (33) 14:16 12 Tony Walker (33) 14:21</p>
<p>25 Heanor RC 3:47:34</p> <p>1 Ben Radbourne (22) 22:31 3 Gabriel Saiz (22) 23:24 5 Darren Ridout (20) 23:20 7 S Ashmore (20) 23:45 9 T Weatherston (23) 24:50 11 Jon Wainwright (27) 24:48</p>	<p>2 Kieran Davis (23) 13:20 4 A Hobday (22) 13:56 6 Lee Perkins (20) 14:02 8 Pete Ivans (20) 14:32 10 Pete Edwards (27) 15:29 12 C Rainsford (25) 13:37</p>	<p>34 Rossendale Harriers 3:53:55</p> <p>1 Jon Ferguson (27) 22:44 3 Brendon Taylor (27) 23:19 5 Andy Preedy (34) 24:57 7 Steve Clawson (37) 25:37 9 Ashley Holt (32) 23:39 11 Philip Bolton (32) 23:05</p> <p>2 Roy Flanagan (28) 14:16 4 Martin Lee (34) 15:22 6 Richard Stott (35) 14:49 8 Joe Kelly (33) 12:54 10 D Schofield (34) 16:19 12 John Lavelle (34) 16:54</p>

Northern Athletics Road Relay Championships

at Stockport on Sunday 6th April 2009

35 Southport Waterloo AC

1 R Shearer (30) 23:03
3 Rob McGrath (44) 24:37
5 Rob Ashworth (40) 24:38
7 S Wilkinson (34) 23:30
9 J Sprackland (37) 25:54
11 Peter Roomie (37) 25:04

3:55:26

2 Paul Cain (42) 16:05
4 Jay Tartt (41) 13:23
6 K Middleman (36) 14:27
8 M Cunningham (36) 16:07
10 Chris Dunn (37) 15:06
12 Gerry Lenehan (35) 13:32

44 Altrincham

1 Neil Walker (47) 24:48
3 Dave Gilchrist (45) 25:00
5 Jeff Norman (45) 27:52
7 Dave Rudd (45) 25:27
9 A Defanis (45) 24:51
11 D Carrington (44) 25:52

'B' 4:02:14

2 G Harrison (48) 15:11
4 Dominic Scott (45) 14:18
6 Nick Burke (45) 14:12
8 Bill Egan (45) 15:18
10 Banno-Thornton (44) 14:35
12 Dan Brooks (44) 14:50

36 Leigh H & AC

1 N Pendlebury (25) 22:39
3 A Urmston (26) 24:26
5 James Cooke (37) 27:01
7 John Howarth (40) 24:40
9 Andrew Arnold (35) 23:13
11 Scott Hughes (36) 25:07

3:55:47

2 Tommy Henders (19) 12:52
4 Darren Smith (26) 14:29
6 Peter Clegg (42) 15:48
8 John Indricks (38) 14:48
10 D McCarrick (35) 16:07
12 Sean Spillane (36) 14:37

45 Wesham Road Runners

1 Alexander Rowe (39) 23:53
3 G Cunliffe (47) 26:40
5 Alan Hudson (46) 26:07
7 Karl Lee (46) 25:09
9 Trevor Rayner (46) 25:55
11 Barry Norman (45) 24:23

4:05:28

2 Alan Glasgow (44) 15:45
4 J Bertenshaw (47) 15:11
6 Martin Bates (46) 16:04
8 Mark Midgley (46) 15:56
10 Gary Moore (45) 15:13
12 Chris Whitlock (45) 15:12

37 Beverley AC

1 D Williams (26) 22:41
3 Ross Armstrong (31) 23:56
5 Ian Boardley (39) 25:23
7 Josh Rowe (36) 23:23
9 Roger Tomlin (36) 24:35
11 J Leskiewicz (35) 24:08

3:56:55

2 James McGivern (26) 14:17
4 Ian Husband (36) 15:23
6 James Carson (38) 15:07
8 Jake Hammond (37) 15:52
10 Adam Kneeshaw (36) 16:05
12 Neil Bant (37) 16:05

46 Chorley Harriers

1 Adam Chritchly (46) 24:35
3 Dominic Raby (46) 23:23
5 C Lane (47) 26:14
7 Paul Jackson (47) 26:18
9 Phillip Iddon (47) 25:20
11 Kieth Johnston (46) 23:26

4:07:44

2 Ian Crabtree (52) 17:04
4 Andrew Clough (46) 16:26
6 Thomas Steven (48) 17:09
8 M Christie (47) 15:16
10 Liam Boardman (46) 15:37
12 G Schofield (46) 16:56

38 Trafford A.C.

1 C Fitzpatrick (40) 23:58
3 David Barker (42) 24:45
5 Daniel Ansell (44) 25:32
7 Andrew Lister (41) 25:06
9 Kevin Brydon (40) 25:29
11 Paul Mannion (40) 26:31

'B' 3:56:59

2 David Bowers (40) 14:49
4 Andrew Steele (44) 14:44
6 James Bleakley (40) 13:25
8 Adam Crosland (39) 14:48
10 Alex Young (39) 15:12
12 Mark Evans (38) 12:40

47 Wigan Phoenix

1 Andy Eccles (50) 25:11
3 Paul Seddon (48) 26:43
5 Dave Collins (48) 25:20
7 Howard Waite (48) 27:20
9 Kevin Edwards (48) 26:52
11 Ben McMullen (47) 27:09

'B' 4:13:24

2 Martin Andrews (47) 14:46
4 V Robinson (49) 15:56
6 A Nightingale (47) 16:20
8 C Nightingale (48) 15:36
10 Dave Wall (47) 16:01
12 P Derbyshire (47) 16:10

39 Sheffield Running Club

1 Nick Swift (16) 22:01
3 Stuart Little (33) 24:10
5 David Broddle (35) 25:07
7 Chris Maddocks (39) 25:24
9 Chris Ireland (38) 23:57
11 Mike Levery (38) 25:24

3:58:03

2 Philip Knaption (27) 14:58
4 Jed Turner (35) 14:42
6 Gary Podmore (37) 15:29
8 Malcolm Taylor (41) 15:59
10 J Cocker (38) 15:32
12 R Nicholas (39) 15:20

48 Keighley & Craven Ac

1 R Fairhurst (54) 26:18
3 Steve Curtis (53) 27:06
5 C Marshall (54) 28:42
7 P McDermott (51) 27:22
9 Steve Carter (52) 28:03
11 V Procter (51) 25:13

'B'

4:16:15

2 Andy Brett (51) 15:13
4 N Whittingham (53) 15:41
6 Liam Spencer (50) 14:34
8 Paul Sessford (52) 17:19
10 Ian Smith (51) 17:14
12 Andy Green (48) 13:30

40 Salford Harriers & AC

1 Andrew Kay (38) 23:52
3 James Williams (39) 24:29
5 R Derbyshire (43) 26:35
7 Paul Birkett (42) 24:47
9 Mark Seed (41) 25:44
11 Dave Townsend (39) 25:59

'B' 3:59:42

2 Dave Hudson (38) 14:04
4 Tommy Daniels (38) 14:25
6 William Martin (43) 14:57
8 Dave Shaw (40) 14:10
10 Sean Cordell (40) 15:04
12 Bob Towell (40) 15:36

49 Penny Lane Striders

1 John Connolly (55) 26:20
3 Simone Capponi (56) 27:16
5 Syd Omar (55) 28:40
7 Martin Hirrell (53) 28:08
9 Balmer Mal (50) 27:24
11 Riley Paul (48) 27:35

4:16:43

2 S McNicholas (56) 15:55
4 Shane Moore (55) 15:10
6 Neil Kelly (53) 14:51
8 Derek Ashcroft (51) 15:06
10 Doran Peter (48) 15:20
12 Francis Martin (49) 14:58

41 City Of Hull AC

1 Steve Rennie (44) 24:23
3 S Carmichael (37) 22:46
5 Colin Langley (42) 25:48
7 Peter Baker (43) 25:23
9 Stuart Buchan (43) 25:39
11 Adam Fozzard (41) 24:03

3:59:54

2 John Aitken (43) 14:56
4 Joaquim Martin (42) 15:10
6 Danny Aldus (44) 15:28
8 Stephen Voase (43) 15:37
10 Stuart Rhodes (43) 15:34
12 Paul Brumby (41) 15:07

50 Blackburn Harriers

1 Gary Pearse (51) 25:37
3 Richard Taylor (54) 27:36
5 Michael Nolan (53) 28:59
7 Anton Krige (50) 26:01
9 C Greenough (49) 27:39
11 Mick Blackburn (50) 26:47

'B' 4:18:54

2 Liam Barton (49) 15:25
4 Evan Cook (52) 15:06
6 Mark Emmett (52) 15:23
8 John Aldridge (50) 16:39
10 Anthony Wood (49) 17:05
12 G Woodburn (50) 16:37

42 Bolton United Harriers

1 A Valentine (9) 21:38
3 Fraser Jardine (20) 23:50
5 Nick Howarth (38) 27:38
7 Sean McMyler (38) 24:34
9 Paul Turner (42) 26:33
11 Ian Selby (42) 24:21

'A' 4:00:06

2 David Shaw (15) 13:27
4 Sam Gough (24) 14:59
6 Ken Fowler (39) 15:35
8 Daryl Bentley (42) 16:10
10 Andrew Doyle (41) 16:04
12 John Ward (42) 15:17

51 Buxton AC

1 Jim Bradley (56) 26:23
3 Rob White (51) 25:49
5 Ben Simnett (50) 27:45
7 David Nutton (49) 25:13
9 Mark Quince (51) 30:25
11 N Critchlow (49) 25:27

4:19:00

2 S Vaccarini (53) 15:23
4 Don O'Brien (50) 15:28
6 S Moorhouse (51) 17:08
8 Ian Francis (49) 16:43
10 Daniel Feely (50) 16:07
12 Matt Barlow (51) 17:09

43 St Helens Sutton AC

1 Paul Carrier (45) 24:28
3 Barry Graney (43) 23:54
5 Greg Williams (41) 24:02
7 Ray Vose (44) 27:19
9 Ian White (44) 24:57
11 Ian Costello (43) 25:46

4:01:14

2 Peter Johnson (45) 15:21
4 Steve Clague (43) 14:09
6 Dennis Wharton (41) 15:20
8 Bill Mousdale (44) 15:43
10 Mark Davis (42) 15:28
12 Jim Crehan (43) 14:47

52 Burnden Road Runners

1 Andy Staveley (49) 25:06
3 John Knowles (49) 25:53
5 Martyn Pollitt (49) 27:23
7 Andy Duffy (52) 26:45
9 Pete Kearsley (53) 28:08
11 Chris Greenall (52) 28:06

4:22:59

2 Simon Marland (50) 15:59
4 Paul Christie (48) 15:27
6 Dave Hitchen (55) 19:01
8 Don Nichol (53) 17:22
10 Neil Critchley (52) 17:43
12 David Coop (52) 16:06

Northern Athletics Road Relay Championships at Stockport on Sunday 6th April 2009

53 Swinton Running Club

4:40:29

1 Steven Doxey (48) 25:02	2 B McCoubrey (46) 14:55
3 Andrew Coates (50) 27:30	4 Peter Shaw (51) 16:06
5 Richard Waring (51) 28:08	6 Barry Richards (54) 17:05
7 P Rutherford (56) 33:34	8 John Pickup (56) 19:40
9 P Garside (55) 27:07	10 Ian Thomas (53) 18:43
11 Stuart Tucker (53) 34:15	12 Peter Gaskill (53) 18:24

Fastest of all long legs

1 Chris Carriss	Bingley Ha	20:15
2 J Mellor	Liverpool	20:22
3 Adam Grice	Leeds City	A 20:32
4 M Pierson	Holmfirth	20:34
5 Andi Jones	Salford Ha	A 20:36
= Gareth Raven	Sale Harri	A 20:36
7 Carl Hardman	Salford Ha	A 20:38
8 Anthony Ford	Blackpool	A 20:49
9 Darran Bilton	Leeds City	A 20:51
10 Jonathon Gilby	Derby Ac	20:52

Incomplete Teams:

Manchester Ymca Harriers

3:49:30

1 Gary Wilcock (53) 26:11	2 Nigel Oldham (57) 16:57
3 Eddie Gilligan (55) 26:09	4 Stephen Symons (56) 16:10
5 Ian Wilding (56) 28:06	6 Roger Carter (56) 16:54
7 Rob Lewtas (54) 28:53	8 Michael Symons (55) 20:04
9 Phil Pennall (54) 25:44	10 DISQUALIFIED (54) 24:22

Derby Ac

'B'

3:02:04

1 John Knibb (43) 24:06	2 Marcus Smedley (37) 13:47
3 Ian Stevens (38) 24:27	4 Matin Booth (30) 12:50
5 Stuart Dunn (29) 24:37	6 Ben Dyson (28) 13:55
7 Russell Parkin (30) 24:40	8 Gary Fallon (34) 15:45
9 Mark Smith (39) 27:57	

Trafford A.C.

'C' 2:56:08

1 Dougie Miller (58) 27:20	2 Paul McMahan (58) 16:07
3 Carl Tipton (57) 29:01	4 David Jury (57) 15:58
5 Duncan Drasdo (57) 28:16	6 M Hutchinson (57) 14:30
7 Keith Worrall (55) 30:12	8 Daniel Barry (54) 14:44

Sale Harriers Manchester

'C' 2:06:17

1 Bill Fox (57) 27:04	2 Stephen Jones (54) 14:47
3 F Cordingley (52) 26:10	4 Richard Wilson (54) 16:23
5 Tim Rainey (52) 27:24	6 Elton Davies (49) 14:29

Gateshead H & Ac

'B'

42:11

1 Ray Robinson (52) 26:07	2 Steve Parr (55) 16:04
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Fastest of all short legs

1 Steven Vernon	Stockport	11:35
2 G Massingham	Sunderland	11:39
3 Glen Comish	Sale Harri	A 11:51
4 M Gostling	Leeds City	A 11:54
5 Simon Deakin	Leeds City	A 11:56
6 J Wilkinson	Leeds City	A 12:00
7 Jeremy Gilmour	Trafford A	A 12:03
8 Dave Westbury	Derby Ac	12:06
9 Niall Brooks	Sale Harri	A 12:08
10 Chris Birchall	Leeds City	A 12:09