

DERBYSHIRE ATHLETIC ASSOCIATION
TRACK AND FIELD CHAMPIONSHIPS 2009
MOORWAYS STADIUM, DERBY SATURDAY 9th AND SUNDAY 10th MAY
www.dcaa.org.uk

Programme of Events

	SATURDAY	SUNDAY
U13 Girls	100m, 800m, 4x100m Relay High Jump (1.05m), Shot	200m, 70mHdls, 1500m Long Jump, Javelin (400g)
U15 Girls	100m, 800m, 4x100m Relay High Jump (1.15m), Shot, Discus, Pole Vault (1.50m)	200m, 1500m, 75mHdls Long Jump, Javelin, Hammer
U17 Women	100m, 800m, 3000m, 300mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/ Jump, Pole Vault (1.50m)	200m, 300m, 1500m, 80mHdls, 1500S/C Long Jump, Javelin, Hammer
Junior Women	100m, 200m, 800m, 3000m, 400mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/Jump, Pole Vault (1.50m)	400m, 1500m, 100mHdls, 1500mS/C Long Jump, Javelin, Hammer,
Senior Women	100m, 200m, 800m, 3000m, 400mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/ Jump, Pole Vault (1.50m)	2000mS/C, 400m, 1500m, 100mHdls, Long Jump, Javelin, Hammer
Masters Women	100m, 3000m High Jump (1.25), Shot	400m, 2000mS/Chase Long Jump, Hammer
U13 Boys	200m, 1500m, 75mHdls Long Jump, Javelin (400g)	100m, 800m, 4x100m Relay High Jump (1.10m), Shot
U15 Boys	200m, 400m, 1500m, 80mHdls Long Jump, Javelin, Hammer, Pole Vault (1.50m)	100m, 800m, 4x100m Relay High Jump (1.20m), T/Jump, Shot, Discus
U17 Men	200m, 800m, 3000m, 100mHdls, 400mHdls, Long Jump, Javelin, Hammer, Pole Vault (1.75m)	100m, 400m, 1500m, 1500m S/Chase, 4 x 100m Relay High Jump (1.30m), Shot, Discus, Triple Jump
Junior Men	200m, 1500m, 110mHdls, 400mHdls, Long Jump, Javelin, Hammer (6kg), Pole Vault (2.10m)	100m, 400m, 800m, 3000m, 2000m S/Chase, 4x100m Relay High Jump (1.40m), Shot (6kg), Discus, Triple Jump
Senior Men	200m, 800m, 5000m, 110mHdls, 400mHdls, Long Jump, Javelin, Hammer, Pole Vault (2.10m)	100m, 400m, 1500m, 3000mS/Chase, 4 x 100m Relay High Jump (1.50m), Triple Jump, Shot, Discus
Masters Men	100m Long Jump, Hammer, Pole Vault (1.50m)	400m, 3000m High Jump (1.25m), Shot

NOTES

- Starting heights are indicated for High Jump and Pole Vault.
- Pole Vaulters must provide their own poles, as there are NO stadium poles.
- Club, School, County, Territorial or National vest colours MUST be worn by all competitors (Rule 17)(All relay teams must wear team colours).
- U13, U15 and U17 athletes may compete in a maximum of three individual events on one day (Rule 107)
- Junior athletes may compete in a maximum of 5 events in one day (Rule 107)
- Field events will comprise of FOUR attempts for all age groups, except Seniors who will have SIX attempts, except in HJ and PV.

AGE GROUPS

Under 13 Girls and Boys - aged 11 or 12 on 31st Aug./1st Sept. 2009 ;
Under 15 Girls and Boys - aged 13 or 14 on 31st Aug./1st Sept. 2009;
Under 17 Women and Men - aged 15 or 16 on 31st Aug./1st Sept. 2009 ;
Junior Women and Men - aged 17 or over on 31st Aug./1st Sept. 2009 but Under 20 on 31st Dec. 2009/1st Jan. 2010;
Senior Women and Men - aged over 20 on 31st Dec. 2009/1st Jan 2010;
Masters Women – (a) aged 35 - 49 or, (b) 50 - 59, or (c) 60 and over on the day of competition;
Masters Men – (a) aged 35 - 49 or, (b) 50 – 59, or (c) 60 and over on the day of competition.

ENTRY FEES :

Under 13, Under 15 Boys/Girls and Under 17 Men/Women - £3.50 for first event and timetable, £2.00 for each other event.
U20 Men/Women, Senior and Masters Men/Women - £4.00 for first event and timetable, £2.00 for each other event.
Relay fees £5.00 per team for all age groups.

Cheques and postal orders to be made payable to 'D. A. A.' or Derbyshire AA

Derbyshire medals will be awarded to the first three individuals, provided that there are a sufficient number of entries, and medals for the first Relay team or, first three teams provided there are at least 4 competing teams. The Championship Committee has the right to withdraw any event from the programme for which there is less than 3 entries. Competitors must have been born in Derbyshire or, have been resident in Derbyshire for at least 9 months or, are members of HM Forces stationed in the County. A timetable and numbers will be sent to all competitors in advance provided a S.A.E. is included with the entry form and fee. No S.A.E. timetable and numbers will be collected at the Championships. **ALL track athletes are to register at least 45 minutes before their event(s) on each day.** All members of relay teams must have a Derbyshire qualification.

ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED
CLOSING DATE Friday 17th April 2009

DERBYSHIRE ATHLETIC ASSOCIATION
ENTRY FORM

Full Name

Address

.....

Post Code Tel No.(include STD)

Date of Birth Age at 31st August 2009.....yrsmths

Age at 31st Dec. 2009 (Jun/Sen)yrs mths

Age on 9th May 2009 (Masters)yrs

Club or School Competition No.....
(to represent)

Age Group Girls Boys Women Men

Ring one of the above

Events entered	Best Performances 2008/09	Events entered	Best Performances 2008/09
..... / / / /
..... / / / /
..... / / / /
..... / / / /
..... / / / /

Entry Fee Enclosed £..... (Please make cheques or postal orders payable to D.A.A or Derbyshire AA)
Athlete's name(s) on the reverse please

I declare that I am an amateur according to UK Athletics Rules and have a County qualification
by **Birth / Residence / H. M. Forces. (Delete as necessary)******

Signed Date
(Parents/ Guardians must sign for athletes under 16 years of age.)

TRACK ATHLETES MUST REGISTER 45 MINS BEFORE EVENT(S)
FIELD ATHLETES MUST REPORT 30 MINS BEFORE EVENT(S)
(Please Note: Failure to register voids participation in that event)

Block entries will be accepted but **MUST** contain ALL the above information.
PLEASE ENCLOSE an A5 STAMPED ADDRESSED ENVELOPE (correct postage) with your entry.

CLOSING DATE Friday 17th April 2009 - NO LATE ENTRIES - TO : -
Mick Bannon, 4 Devizes Close, Chesterfield, S40 2UL